|  | **Ladysmith Seniors Centre – JANUARY 2025 - 630 Second Ave. 250-924-1924,**  **Email:** [**lsseniorcentre@shaw.ca**](mailto:lsseniorcentre@shaw.ca)**. Web:www.ladysmithseniors.ca** | | | | |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
| **29** | **30** | **31** | **1 Happy New Year!** | **2**  **Senior exercise returns on the 9th**    **Crib 1-3** | 3 Office 11:30-1:00  **Tai Chi 10 – 11:15**  **Beginners Tai Chi 11:15-12:00**  **Come Sing 1-2** | **4**  **Pancake Breakfast**  **9:30 – 11:00 AM**  **BINGO 1:00 – 3:00** |
| **5** | **6**  **Soup and Sandwich Tuesday**  **Chair Yoga will resume next week** | **7 Soup and Sandwich**  **11:20-12-30**  **GENERAL MEETING**  **12:30 and Elections** | **8**  **Office 11:30-1**  **Line Dancing 10-11** | **9**  **Seniors Exercise 10-11**  **Crib 1-3** | **10**  **Office 11:30-1:00 Tai Chi 10 – 11:15**  **Beginner Tai Chi**  **11:15 – 12:00**  **Come Sing for Fun 1-2** | **11**  **C**RIB TOURNAMENT  10:30 |
| **12** | **13**  **Soup and sandwich**  **11:30-12:30**  **Chair yoga 2-3** | 14  **Bring your craft 10-12**  **Mahjong 1-3**  **Offering Chinese and**  **American Games** | **15**  **Office 11:30-1:00** | **16**  **Seniors Exercise 10-11**  **Crib 1-3** | **17 Office 11:30-1:00**  **Tai Chi 10 – 11:15**  **Beginner Tai Chi**  **11:15 – 12:00**  **BIRTHDAY PARTY**  **2-4** | **18**  **BINGO 1:00- 3:00** |
| **19**  **SUNDAY DINNER**  **DOORS OPEN AT 4**  **DINNER AT 5**  **SEE BACK OF CALENDAR FOR DETAILS** | **20**  **Soup and Sandwich**  **11:30-12:30**  **Chair yoga**  **2:00-3:00** | **21 EXECUTIVE MEETING 9:30**  **Bring your craft 11-1**  **Mahjong 1-3**  **Offering Chinese and American** | **22**  **Office 11:30-1:00**  **Line Dancing 10-11** | **23**  **Seniors Exercise 10-11**  **Crib 1-3** | **24 Office 11:30-1**  **Tai Chi 10-11:15**  **Beginner Tai Chi**  **11:00-12:00**  **Come sing for fun**  **1-2** | **26**  **Bingo 1-3** |
| **27** | **28**  **Soup and Sandwich**  **11:30-12:30**  **Chair yoga 2-3** | **29**  **Bring your craft**  **10-12**  **Mahjong 1-3**  **Offering Chinese and American** | **30**  **Office 11:30-**1:00  **Line Dancing**  **10-11** | **31**  **Seniors exercise**  **10-11**  **Crib 1-3** |  |  |

**BIRTHDAY PARTY**

**JANUARY 17/25**

**CELEBRATING DECEMBER AND JANUARY BIRTHDAYS, EVERYONE WELCOME.**

**BRING YOUR FRIENDS AND FAMILY TO HELP YOU CELEBRATE YOU.**

**2-4**

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**SUNDAY DINNER**

**JANUARY 19/25**

**Roast beef, mashed potatoes, veggies, salad, dessert,**

**Coffee and tea**

**Email** [**madamsue1@yahoo.com**](mailto:madamsue1@yahoo.com) **or call Sue at 245-4646**

**MEMBERS $12.00- GUESTS $14.00**

**DOORS OPEN AT 4 DINNER AT 5**