|   | **Ladysmith Seniors Centre – JANUARY 2025 - 630 Second Ave. 250-924-1924,** **Email:** **lsseniorcentre@shaw.ca****. Web:www.ladysmithseniors.ca** |  |
| --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  **29** | **30** |  **31** | **1 Happy New Year!** | **2****Senior exercise returns on the 9th****Crib 1-3** | 3 Office 11:30-1:00**Tai Chi 10 – 11:15****Beginners Tai Chi 11:15-12:00****Come Sing 1-2** | **4****Pancake Breakfast** **9:30 – 11:00 AM****BINGO 1:00 – 3:00** |
| **5** | **6****Soup and Sandwich Tuesday** **Chair Yoga will resume next week** | **7 Soup and Sandwich** **11:20-12-30****GENERAL MEETING****12:30 and Elections** | **8** **Office 11:30-1****Line Dancing 10-11** | **9****Seniors Exercise 10-11****Crib 1-3**  | **10****Office 11:30-1:00 Tai Chi 10 – 11:15****Beginner Tai Chi****11:15 – 12:00****Come Sing for Fun 1-2** | **11****C**RIB TOURNAMENT10:30 |
| **12** | **13****Soup and sandwich****11:30-12:30****Chair yoga 2-3** | 14**Bring your craft 10-12****Mahjong 1-3****Offering Chinese and****American Games** | **15****Office 11:30-1:00** | **16****Seniors Exercise 10-11****Crib 1-3**  | **17 Office 11:30-1:00****Tai Chi 10 – 11:15****Beginner Tai Chi****11:15 – 12:00****BIRTHDAY PARTY** **2-4** | **18****BINGO 1:00- 3:00** |
| **19** **SUNDAY DINNER** **DOORS OPEN AT 4****DINNER AT 5****SEE BACK OF CALENDAR FOR DETAILS**  | **20** **Soup and Sandwich****11:30-12:30****Chair yoga****2:00-3:00**  | **21 EXECUTIVE MEETING 9:30****Bring your craft 11-1****Mahjong 1-3** **Offering Chinese and American** |  **22** **Office 11:30-1:00****Line Dancing 10-11** | **23****Seniors Exercise 10-11****Crib 1-3** | **24 Office 11:30-1****Tai Chi 10-11:15****Beginner Tai Chi** **11:00-12:00****Come sing for fun****1-2** | **26****Bingo 1-3** |
| **27** | **28****Soup and Sandwich** **11:30-12:30****Chair yoga 2-3** | **29** **Bring your craft** **10-12****Mahjong 1-3****Offering Chinese and American** | **30** **Office 11:30-**1:00**Line Dancing** **10-11** |  **31****Seniors exercise****10-11****Crib 1-3** |  |  |

**BIRTHDAY PARTY**

**JANUARY 17/25**

**CELEBRATING DECEMBER AND JANUARY BIRTHDAYS, EVERYONE WELCOME.**

**BRING YOUR FRIENDS AND FAMILY TO HELP YOU CELEBRATE YOU.**

**2-4**

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 **SUNDAY DINNER**

 **JANUARY 19/25**

 **Roast beef, mashed potatoes, veggies, salad, dessert,**

 **Coffee and tea**

 **Email** **madamsue1@yahoo.com** **or call Sue at 245-4646**

 **MEMBERS $12.00- GUESTS $14.00**

 **DOORS OPEN AT 4 DINNER AT 5**